

► Canandaigua Highlights

Volunteer Opportunities

- Clerical
- Hospice Visitation
- Canteen Food Assistants
- Welcome Center Greeters
- Laundry assistance
- Recreation Therapy
- Transportation drivers
- Veterans History Project
- Wheelchair escorts

All volunteers must complete an orientation prior to volunteering. Weekly orientations are held Thursdays in Voluntary Service, Building 7, room 19. Please call **Gina Deck** to schedule an appointment at (585) 393-7761. To schedule an orientation at the Rochester VA Outpatient Clinic please call **Louise Motyka** at (585) 393-7729. Thank you for considering volunteering with the Canandaigua VA Medical Center!



Wish List

- Baking items, granola bars, snack size chips
- Deodorant, shampoo, shaving cream, body lotion, nail clippers
- Forever postage stamps
- Gift cards from Walmart, Wegmans, Tops, Dunkin Donuts, Tim Hortons, Home Depot, Lowes, or prepaid gas cards
- Paper products (plates, napkins)
- Tickets to sporting events, zoo, bowling, movies, music, Bristol Mountain Aerial Adventures and outings
- Jeans (assorted sizes)
- T-shirts (any color; L, XL, 2XL)
- Underwear
- White t-shirts (XL, 2XL)
- Winter coats (all sizes; men's and women's)
- Winter hats and gloves
- Socks and shoe laces
- Sneakers and boots (all sizes)
- Sweat pants/sweatshirts

Women's Clothing:

All new items

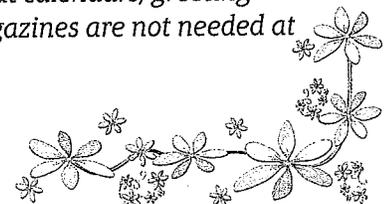
- New underwear (sizes six and up)
- New sports bras (M - XL)
- Sweatpants/sweatshirts (M - XL)

For Homeless Program:

All new items

- Air mattresses
- Alarm clocks
- Blankets & pillows
- Brooms
- Kitchen items (dishes, utensils, pots/pans)
- Mops
- Shower curtains and hooks
- Towels, sheets and pillow cases
- Toilet paper and cleaning supplies
- Vacuum cleaners

Friendly reminder that calendars, greeting cards, books and magazines are not needed at this time.



Bea Sank (right), American Legion Auxiliary **7th District** President, coordinates holiday gifts to be sent to the family of **Michael Thomas** (left), a retired Gunnery Sgt. **United States Marine Corps** Veteran and Community Living Center resident.



On September 28, **Hank Riegel**, Recreation Program Manager, accepted a generous donation of \$4,000 for Veterans from members of the **Canandaigua Skychiefs**.